

**Chronic Disease Prevention and Health Promotion Section Report
Advisory Council on the State Program for Wellness and the Prevention of Chronic Disease**

Thursday January 17, 2019

Washoe County Health District (WCHD) Chronic Disease Prevention Program (CDPP) Report

New Staff

WCHD will be welcoming two new AmeriCorps VISTA members to the CDPP team on January 22, 2019. The full time assignments will continue for 12 months. One VISTA will focus on Smoke Free Workplaces in collaboration with NTPC and NV Cancer Coalition. The other VISTA will focus on Opioid Misuse.

Section News

No new section news

Programming

The Chronic Disease Prevention Program strives to reduce chronic disease in Washoe County by focusing on physical activity, nutrition and tobacco use and exposure. Additional responsibilities include addressing opioid abuse and recreational marijuana concerns. Key approaches include efforts concentrating on policy, system and environmental change.

Physical Activity and Nutrition highlights:

- Based on the recent successes of the program, healthy park efforts continue and expand into additional low income parks during the spring and summer months.
- The 2018 winning classrooms from the Wolf Pack Coaches Challenge were honored at Mackay Stadium during the November 10th Nevada football game (picture below). Teachers and students received free tickets to the game and students were also provided a free healthy meal and lunch bag. The 2019 challenge is scheduled to be in late February and has expanded teacher engagement this year.



Tobacco Prevention and Control highlights:

- Staff presented in the community to several groups including at the Nevada Health Conference (smoke free workplaces), the Washoe County School District Nurses (e-cigarettes), TMCC Student Graduate Association (tobacco free campuses), UNR students (chronic disease prevention), and Renown Community Benefit team and awardees (smoke free workplaces).